

# ST. PETER'S INTER SCHOOL

Sanjua, Bakrahat, South 24 Pgs.

Worksheet

Class - V Subject - EVS (Food, Health and Diseases)

Name \_\_\_\_\_ Roll No. \_\_\_\_\_

A. Write down the sources of the following vitamins

1. Vitamin A
2. Vitamin B
3. Vitamin C
4. Vitamin D
5. Vitamin E

B. Write down the name of the diseases caused due to the deficiency of the following vitamins

1. Vitamin A
2. Vitamin B
3. Vitamin C
4. Vitamin D
5. Vitamin E

C. Write down functions of the following minerals

1. Calcium
2. Iron
3. Phosphorous

D. Write down the name of the communicable diseases which spread through

1. Air
2. Water
3. Food
4. Insect Bites
5. Direct contact

E. Answer the following questions

1. Which Vaccine is given against tuberculosis?
2. Malaria and Dengue diseases are spread by which mosquitoes?
3. What is the difference between Communicable and Non Communicable disease?